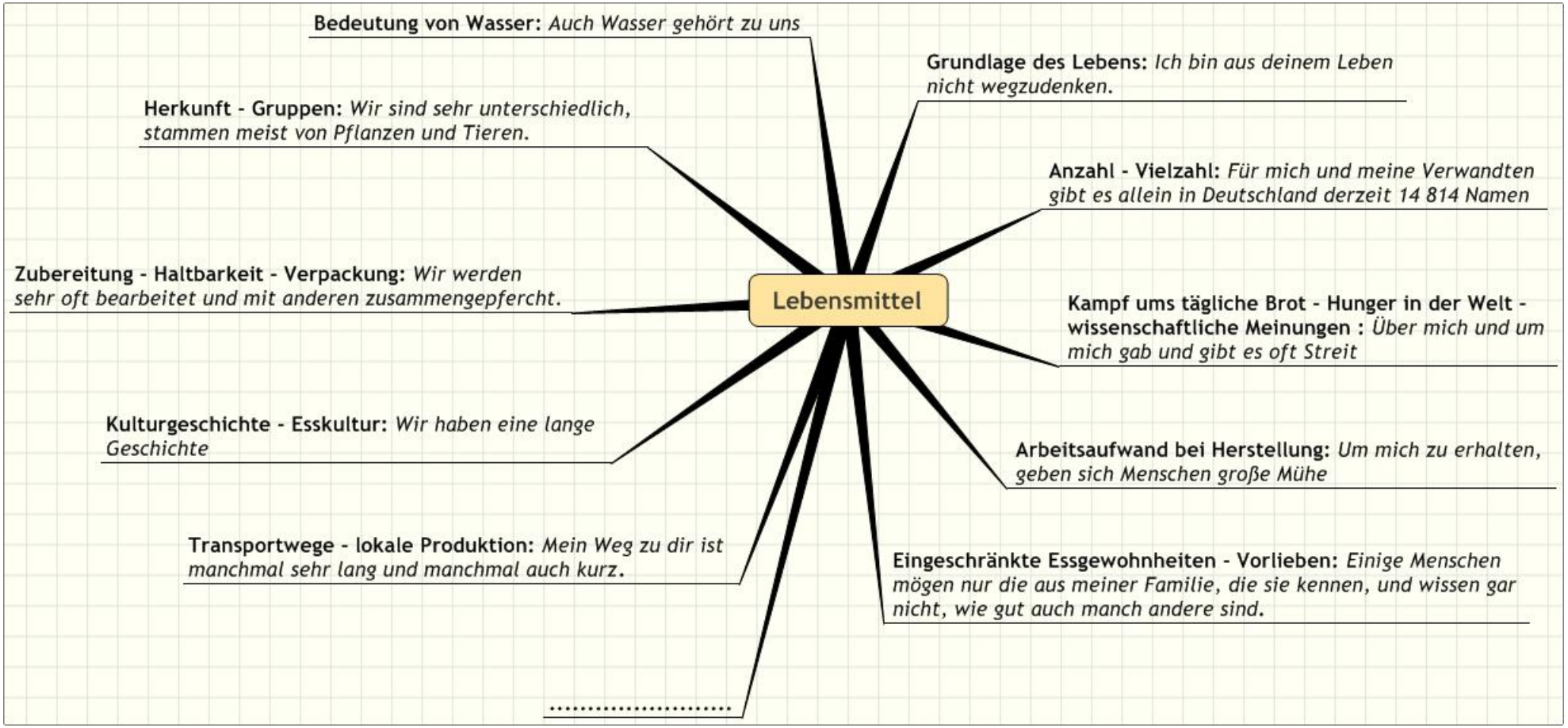Lebensmittel